

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
			11:30 - 12:00 TacFit		11:30 - 13:00 Brazilian Jiu-Jitsu
	18:00 - 18:45 Prasara Yoga	17:45 - 18:15 TacFit	18:00 - 18:45 Prasara Yoga Ageless Mobility	17:30 - 18:30 Karate	
18:30 - 20:00 Brazilian Jiu-Jitsu (mit Gi)	18:45 - 19:15 TacFit	18:30 - 20:00 Brazilian Jiu-Jitsu (No-Gi)	18:45 - 19:15 TacFit	18:30 - 19:00 Clubbell & Kettlebell Fitness	
20:15 - 21:15 Prasara Yoga	19:15 - 20:30 Karate	20:15 - 21:15 Prasara Yoga	19:15 - 20:30 Karate	19:00 - 20:00 Brazilian Jiu-Jitsu (No-Gi)	

September 2010

